



LA VIE DE LA *Rose* FLOWER
ESSENCES
The Accelerated Spiritual Growth™ Solutions
Extraordinary Products Sourced from the Garden of Love

Founder and President Dr. Natalia M Schotte Answers Your Questions about La Vie de la Rose Flower Essences

What are Flower Essences?

Flower essences are a profound form of energy medicine, natural healing agents working in subtle energy system to create change. They have long been part of the tradition of Earth-based and Shamanic healing. For millennia, healers of all descriptions have accessed and utilized the intelligence inherent in Nature for a variety of purposes, particularly personal transformation. From Ancient Egypt, Greece and Rome to the Aborigines of Australia, civilizations around the world have revered the power of flowers and used flower remedies for emotional, physical and spiritual healing. In recent times, this ancient modality has experienced a significant evolution, becoming one of the most potent forms of natural healing available for assisting us to meet the unique challenges of our times.

How do Flower Essences Work?

Every flower holds an energy signature that corresponds to its healing purpose. When you take a flower essence (on or under the tongue), the energy signature it holds enters your subtle energy system and is translated into its intended level (i.e., physical, emotional, mental and/or spiritual), creating shifts over time. The effects of flower essences are subtle and profound, immediate and long term. Your level of sensitivity determines how quickly a flower essence has an effect on your subtle energy system and your ability to notice the effect. To increase your sensitivity, adopt higher nutritional practices (e.g., cleansing, fasting, juicing, raw cuisine, etc.). Also consider increasing the time you spend in spiritual practice (e.g., empowered prayer, meditation, Tai Chi, Yoga, etc.).

How are La Vie de la Rose Flower Essences Made?

I choose blossoms that have reached their peak potency and immerse the petals in water. I invoke Nature's intelligence to extract the essence of the flower, specifically its healing properties. After sitting in the sun for several hours, the solution is stabilized with a preservative (usually brandy or vinegar). The resulting stock solution, called Mother Tincture, is used to create dosage bottles.

What is the Purpose of La Vie de la Rose Flower Essences?

Many years ago, I asked for Divine Guidance on how to ease and expedite my journey and committed to share all I learned. The response to my invocation is the *Accelerated Spiritual Growth™ Curriculum*, which includes La Vie de la Rose Flower Essences and an extensive body of work dedicated to quickening the evolution of consciousness. Our unique flower essences hold the new Aquarian patterns of higher consciousness and work solely on the metaphysical level – the level of causation. They are produced from flowers grown in a professional urban flower farm in Michigan that we call the Garden of Love. This garden is an energetically evolved micro-environment created with the sole purpose of cultivating new energetically evolved flowers to accelerate spiritual growth. We consciously collaborate with Nature and Spirit on all levels: selection of plants, supporting each plant to evolve into its highest expression, the construction of pathways and sacred structures, and placement of sacred statues.

Whatever spiritual path you have chosen, whatever healing modalities this path includes, La Vie de la Rose Flower Essences accelerate your spiritual growth. *Accelerated Spiritual Growth™* is the Spiritual Development Process whereby we accomplish the evolution of consciousness in one lifetime that would ordinarily be experienced over many. As we ascend the ladder of consciousness and grow spiritually, we shift from experiences of disempowerment, lack, limitation, pain, struggle, and suffering to ones of empowerment, harmony, joy, love, peace, and purpose. Think about transcending the incremental growth of the past in favor of the rapid expansion of consciousness! This is a profound breakthrough in human spiritual development.

You choose the path. We accelerate the journey.
La Vie de la Rose Flower Essences offers
The FIRST and ONLY Integrated Nature-Based Healing System
for Accelerated Spiritual Growth™

- *Accelerate* raising your level of consciousness/vibratory rate above your current limiting experiences and perceptions
- *Accelerate* your ability to experience and express your Soul
- *Accelerate* fulfillment of your Soul Contract
- *Accelerate* transcendence of the past by healing the imprints of traumatic/unresolved experiences
- *Accelerate* development of your communication with Nature and Spirit
- *Accelerate* healing of the root causes of your addictions, conflicted relationships, financial issues, work challenges, etc

What is the Difference Between Spiritual Healing and Suppression of Symptoms?

The return of our minds to a state of Oneness with Soul/Source is the spiritual purpose of life on Earth. Our struggles reflect the unconscious perception of separation from Soul/Source. This perception of separation is reflected in our relationships, particularly our relationship with ourselves, and reinforced with each successive experience of abandonment, abuse, neglect and victimization. This perception of separation is the metaphysical cause of all imbalances, whether related to career, finances, health, relationships, etc. La Vie de la Rose Flower Essences were created to assist the return of our minds to God.

We are accustomed to addressing and/or alleviating symptoms by suppressing them—perceiving “instant” results rather than healing the underlying metaphysical causation. Ultimately, to experience health and wellbeing, it is paramount for us to heal imbalances at their point of origin within our consciousness, thereby transcending the past. Often physical symptoms abate once the metaphysical cause is addressed.

How is the Purpose of Flower Essences Different than that of Allopathic Medicine?

Flower essences and allopathic medicine serve completely different purposes. Regardless of the benefits of allopathic solutions, they suppress the underlying metaphysical causation by suppressing symptoms. Our flower essences support you in becoming aware of the underlying causes of external imbalances and in doing the requisite spiritual healing work.

I had a client who was taking flower essences to support her in addressing the underlying issues related to a long-standing depression, for which she was heavily medicated. After a time, she emailed me to say she felt more depressed now than before she took the flower essences. “Ah,” I said, “You are not more depressed, you are simply more aware of your existing depression.” The flower essences were supporting the emergence of greater self-awareness and sensitivity, which was necessary for her to understand the depression and make the necessary life changes. I encouraged her to continue taking the flower essences. A year later, I saw her, 60 pounds lighter, with a smile on her face. “I haven’t seen my abusive mother in 14 weeks,” she reported. “And I have never felt better.” The flower essences didn’t make these life changes for the woman, they supported *her* in making *them*.

Our flower essences are not about a quick fix or instant solution. They are about a process of spiritual growth whereby you face, resolve and transcend the past and simultaneously activate patterns of higher consciousness and create your life in alignment with your Soul.

How do I choose an individual flower essence?

To select one or more of our 30 individual flower essences, use your intuition, muscle checking or dowsing, supported by the names of the flower essences, their purpose statements and corresponding photos or draw a card from *The Ascension Oracle: Guidance for Accelerated Spiritual Growth™*.

The Ascension Oracle card deck features photos of the 30 flowers from the garden of La Vie de la Rose we use to create our 30 individual flower essences. It also includes a book offering profound spiritual guidance pertaining to each card.

All 30 of our individual flower essences are available in *The Ascension Oracle Solutions*, the companion flower essence set to *The Ascension Oracle*.

To use *The Ascension Oracle* and *The Ascension Oracle Solutions*:

1. Draw a card from *The Ascension Oracle* to activate a new pattern of higher consciousness.
2. Take the corresponding flower essence from *The Ascension Oracle Solutions* to anchor this pattern in your subtle energy system.
3. Read the related message in *The Ascension Oracle* guidebook for direction on how to enact this new pattern in your life.
4. Continuing taking the flower essence in order to integrate the related pattern into your consciousness.

What is the Purpose of the Flower Essence Sets?

To achieve life-changing breakthroughs in relation to particular aspects of spiritual growth and areas of life experience, use one or more of our flower essence sets:

The Balanced Child Solutions

The Body-Soul Alignment Solutions

The Conscious Passing Solutions

The New Millennium Children Solutions

The Spiritual Acceleration Solutions

The Spiritual Development Solutions

The Spiritual Healing Solutions

The Spiritual Purpose Solutions

The Spiritual Relationship Solutions

The Yoga Practitioner Solutions

How do I take La Vie de la Rose Flower Essences?

Take orally (on or under the tongue) with the exception of a forehead application for infants and optional water infusion for young children. To participate more fully in the activation of consciousness catalyzed and supported by the flower essence, say the corresponding purpose statement in the first person, e.g., "I activate and unfold my creative potential." Alternatively, create a personal affirmation that corresponds with the purpose of the flower essence. For *The Spiritual Acceleration Solutions* (Angel Wings, Divine Flame and Miracles), the recommended daily dosage is one dropperful (10-12 drops) in the morning and/or before bedtime. For all other flower essences, the recommended daily dosage is one drop in the morning and/or before bedtime. For greater support, increase the dosage and/or frequency. Complete instructions and the purpose statement for each flower essence are available on our website.

To use multiple flower essences, take each flower essence consecutively at least one time per day. If one flower essence is resonating more than another or responding to a pressing healing matter, take it more often (e.g., a second or third time). If something comes up intensely and the flower essence responds to it, take one dropperful of the flower essences immediately for support. *Note: You may eat before and/or after taking the flower essences.*

Can La Vie de la Rose Flower Essences be blended?

Nature has advised us not to blend La Vie de la Rose Flower Essences with any other flower essences, including other La Vie de la Rose Flower Essences. The patterns of consciousness for *Accelerated Spiritual Growth™* held in our flower essences are new to humanity; therefore, take the flower essences one at a time. This activates each pattern of consciousness in its pure form and allows the subtle energy system to fully register and integrate the new consciousness.

What is the Shelf Life of La Vie de la Rose Flower Essences?

La Vie de la Rose Flower Essences last indefinitely unless contaminated. To maintain purity of your flower essences, avoid touching the dropper (with hand, tongue, etc.). If contamination does occur, simply rinse the dropper under running water before returning it to the bottle. Avoid exposing your flower essences to extreme heat or cold.

Why are La Vie de la Rose Flower Essences so Potent?

The sacred garden in which our flowers are grown is a unique, energetically evolved micro-environment. It is situated on an energy vortex, a key point on Earth's energy grid, in an historic setting in Michigan (our lilacs are over 50 years old). In addition to organically maintaining the garden, we use specific physical and energetic processes to bring the garden and plants to their highest health and vitality. The land on which this garden is located was consecrated as a Spiritual Light Center more than 25 years ago. The garden is graced with sacred objects from around the world, many of which are hundreds of years old. Its beds, walkways and other structures are built in accordance with esoteric/sacred geometry. It is tended by women with deep reverence for Nature who have been on a committed path of spiritual healing for many years.

Another unique and important feature of our garden is its urban location. A majority of humanity now lives in an urban center (current Population Reference Bureau data indicates nearly 80% percent of the U.S. and 50% of the world's population live in urban areas). Our urban location strengthens the effectiveness of our flower essences through 'horizontal healing' or the principle of "like healing like." The balance and sacredness of the urban garden is a metaphor for what we can achieve/experience regardless of where we live.

What Awards Has La Vie de la Rose Flower Essences Won?

Award	Organization	Product
2014 Gold Recipient	Mom's Choice® Awards	The New Millennium Children Solutions
2014 Preferred Choice Award	Creative Child Magazine	The New Millennium Children Solutions
2013 Bronze Award	Living Now Book Awards	The Ascension Oracle
2012 Editor's Pick for Best Oracle Deck	Kindred Spirit Magazine	The Ascension Oracle
2012 Transformational Sideline of the Year (Best New Product in Group)	Coalition of Visionary Resources	The Ascension Oracle Solutions
2012 Seal of Excellence	Creative Child Magazine	The Balanced Child Solutions
2012 Readers' Choice Award - Best Online Flower Essence Market	About.com	La Vie de la Rose Flower Essences
2012 Gold Recipient	Mom's Choice® Awards	The Balanced Child Solutions
2011 Poetry Category - Finalist	Indie Excellence Book Award	Poems from the Garden of Love
2010 Overall Sideline of the Year (Best New Product of the Year)	Coalition of Visionary Resources	The Spiritual Purpose Solutions
2010 Transformational Sideline of the Year (Best New Product in Group) - Runner-up Tie	Coalition of Visionary Resources	The Spiritual Healing Solutions and The Spiritual Relationship Solutions
2010 Best Website - Finalist	Coalition of Visionary Resources	www.laviedelarose.com

More about Dr. Natalia M Schotte

Dr. Schotte has been an internationally acclaimed counselor, intuitive, speaker and healer in the field of spiritual growth for over 25 years. She began working with flower essences in 1986 and started



La Vie de la Rose Flower Essences with its mission to accelerate spiritual growth in 2006. She holds a Ph.D. in Spiritual Counseling from The Open International University for Complementary Medicines. She is an ordained minister through the International Council of Community Churches. She earned her Bachelor's degree (summa cum laude) and Master's degree in Industrial Relations from the University of Toronto. Dr. Schotte is author of *Poems from the Garden of Love: Words of Light & Inspiration* and *The Ascension Oracle: Guidance for Accelerated Spiritual Growth™*. She is also the creator of the Aquarian Science of Triangles®, Spiritual Kinesiology® and the Spiritual Science of the Evolution of Human Consciousness®. These extensive bodies of work provide new, unprecedented approaches for *Accelerated Spiritual Growth™*. Dr. Schotte is the Executive Director

of two non-profit organizations she founded: The S.H.E. Foundation, which supports the re-emergence of the Sacred Feminine through women's artistic expression, and The Michigan Brain Gym® Consortium, which supports people to achieve greater learning ability, life balance and wholeness through integrative movement.